

**FOR IMMEDIATE RELEASE**

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**Run for a Reason  
in the Ocean City, MD Half Marathon**

Worcester Youth and Family Counseling Services (WYFCS) is calling on the community to run for a reason on Saturday, April 24th during the Ocean City, MD Half Marathon. Participants can choose between a 13.1 mile half marathon and a 5 K race both of which begin at the scenic Ocean City Boardwalk with the half marathon continuing on through West Ocean City and finishing at Assateague State Park.

Race founders, Chris Klebe and Charlie McClure, created the event to promote healthy lifestyles and partner with local charities to benefit the community. With this philosophy in mind, the Ocean City race has joined forces with WYFCS to create Team GOWOYO which offers runners an opportunity to support the many worthy programs of this local non-profit. Runners are asked to raise a minimum of \$250 which will be used to help Worcester Youth and Family Counseling Services stomp out child abuse, neglect and suffering in the community. For those individuals or groups who raise \$1000 or more, a commemorative SUN will be placed in the WYFCS Berlin location in honor of their accomplishment.

WYFCS and the OC Half Marathon are holding a special registration Kick-Off event at the Greene Turtle, West Ocean City on February 2nd from 6:00 – 8:00 PM. Runners will be able to get more information, register and meet other runners while enjoying happy hour drink prices and food specials. Runners who join the GOWOYO team and pledge to raise money for WYFCS, will be able to register at the event for the reduced rates of \$50.00 for the half marathon (normally \$60.00) and \$18.00 for the 5 K (normally \$25.00).

These reduced registration rates are available only at the Greene Turtle West Kick-Off event. Free Team GOWOYO training runs are scheduled two days a week with professional support. For all those who have pledged to get fit in 2010, this is a great opportunity receive free professional training while making an important contribution to the community.

Worcester Youth and Family Counseling Services is a non-profit organization with locations in Berlin and Pocomoke, Maryland. Since 1975, WYFCS has been at the heart of what is really happening in the families and homes of our community; reaching the people who need help, increasing awareness about mental health, and truly making a difference in the people we serve. For more information about WYFCS call (410) 641-4598. Race information can be obtained through the website at [www.octrirunning.com](http://www.octrirunning.com).

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